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| **消防救援人员体能测试考核标准**   |  |  |  |  |  | | --- | --- | --- | --- | --- | | IMG_256     项目  分数 | 男子3000m评分标准  （分钟） | 男子俯卧撑评分标准  （次/2分钟） | 男子屈腿仰卧起坐评分标准（次/2分钟） | 单杠引体向上（次/2分钟） | | 100分 | 12′40″ | 62 | 70 | 15 | | 95分 | 12′50″ | 56 | 67 | 14 | | 90分 | 13′00″ | 50 | 64 | 13 | | 85分 | 13′20″ | 46 | 61 | 12 | | 80分 | 13′40″ | 42 | 58 | 11 | | 75分 | 14′00″ | 38 | 55 | 10 | | 70分 | 14′20″ | 36 | 52 | 9 | | 65分 | 14′40″ | 34 | 49 | 8 | | 60分 | 15′00″ | 32 | 46 | 7 | | 55分 | 15′30″ | 30 | 43 | 6 | | 50分 | 16′00″ | 28 | 40 | 5 | | 40分 | 16′30″ | 24 | 37 | 4 | | 30分 | 17′00″ | 20 | 34 | 3 | | 20分 | 17′30″ | 16 | 31 | 2 | | 10分 | 18′00″ | 12 | 28 | 1 | | 无成绩 |  |  |  |  | |
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